

# THE Reserve at Katy Lifestyle

THE RESERVE AT KATY  
SENIOR LIVING AT EASE

Like Us!  

ASSISTED LIVING COMMUNITY  
21601 Provincial Blvd · Katy, TX 77450 · (281) 578-2222

## MAY 2024

**Dorothy Shelton Blaha Wertz** was born in Dripping Springs, TX to Noma and Roy Shelton in 1929. They eventually settled in Southeast Texas, and she attended school in Hull-Daisetta. She is the oldest of four siblings, and the only one to leave the SETX area and settle in Houston. She met and married her first husband Charlie Blaha in 1959 and raised two daughters (Marcia Jones and Pamela McGee), who both live in the Katy area. After Charlie's death in 2009, she married Vern Wertz in 2012. She has five adult grandchildren and one great-grandson, who is two years old. She was a homemaker most of her life, but she also devoted time to taking care of children as a preschool teacher, a nanny, and a caregiver for many years. She later worked as a medical transcriptionist and enjoyed working from home. She is an active member of Family Life Assembly of God Church in Katy and enjoys outings with her friends. Music has always been a vital part of her life, and she loves to play the piano, organ, and violin. For many years, she was involved in the One A-Chord group that performs at nursing homes and assisted living places around Katy. She even remembers a time she performed at The Reserve. Dorothy has always loved spending time with family, especially the youngest members. Since most of the family lives outside the Katy/Houston area, she enjoys keeping up with their happenings on Facebook.



Dorothy Wertz



MAY 2024

It's Fiesta Time!

Spice up your Cinco de Mayo celebrations by joining us for a fiesta! Check the calendar for details.

Mother's Day Celebration

Moms, it's your day to shine! Join us for our Mother's Day event, where we will be celebrating YOU! Check the calendar for details.



Remember and Honor

This Memorial Day, we remember all the brave men and women who gave their lives for our country. Our heartfelt thanks goes out to them and to all of our community's veterans for their service.

Catch a Game With Us

Cheer for our favorite baseball team! We tune into all the games, so don't balk—make plans to join us!

"Wherever you go, no matter what the weather, always bring your own sunshine."  
—Anthony J. D'Angelo

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Taco Crafting with Nadia</p> <p>1:00 <b>AR</b> Adult Coloring</p> <p>2:00 <b>AR</b> Wine Down <b>Wednesday</b></p> <p>3:30 <b>CY</b> Bird Feeders</p> <p>3:30 <b>AR</b> SkipBo with Dortha</p>	<p>2</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Cactus Painting</p> <p>1:30 <b>AR</b> Chef Chat</p> <p>2:30 <b>AR</b> Cinco De Mayo Taco Bar</p> <p>3:30 <b>AR</b> Mexican Bingo</p>	<p>3</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Veterans Coffee Social</p> <p>11:30 Lunch Bunch- El Tiempo Mexican Restaurant ☺</p> <p>1:00 <b>AR</b> Chicken Foot</p> <p>2:00 <b>AR</b> Scavenger Hunt</p> <p>3:30 <b>AR</b> Black Jack</p>	<p>4</p> <p>Kentucky Derby</p> <p>10:00 <b>AR</b> Exercise</p> <p>10:30 <b>AR</b> Kentucky Derby- Horse Race</p> <p>1:30 <b>MT</b> Movie- Gone with the Wind</p> <p>2:30 <b>AR</b> Guacamole Demo with Nike</p> <p>3:30 <b>AR</b> Bingo</p>
<p>5</p> <p>Cinco De Mayo</p> <p>10:00 <b>AR</b> Exercise</p> <p>10:30 <b>AR</b> Bible Bingo</p> <p>11:00 <b>MT</b> Virtual Lakewood Church Services</p> <p>2:00 <b>AR</b> Puzzles and Board Games</p> <p>3:30 <b>AR</b> Pokeno</p>	<p>6</p> <p>9:00 <b>AR</b> Floral Arrangement with Roya</p> <p>10:30 <b>DR</b> One A Chord</p> <p>1:00 <b>AR</b> Dominoes</p> <p>2:30 <b>AR</b> Bingo</p> <p>3:00 Therapy Dog Visit/ Angus</p> <p>3:30 <b>CY</b> Popsicle Social</p> <p>3:30 <b>AR</b> SkipBo with Dortha</p>	<p>7</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Balloon Toss</p> <p>1:30 <b>FL</b> Walk the Lap</p> <p>2:00 <b>AR</b> Bingo with Natiarys</p> <p>3:30 <b>AR</b> Sponge Painting</p>	<p>8</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Pressed Flower Lanterns</p> <p>1:00 <b>AR</b> Adult Coloring</p> <p>2:00 <b>AR</b> Wine Down <b>Wednesday</b></p> <p>3:30 <b>AR</b> Jenga</p> <p>3:30 <b>AR</b> SkipBo with Dortha</p>	<p>9</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Black Jack</p> <p>1:00 <b>AR</b> Puzzles and Board Games</p> <p>2:00 <b>AR</b> Mother's Day Tea Party</p> <p>3:30 <b>AR</b> Corn Hole with Jane</p>	<p>10</p> <p>Happy Birthday Anthony R.</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Jeopardy</p> <p>11:30 Lunch Bunch- Jason's Deli ☺</p> <p>1:00 <b>AR</b> Chicken Foot</p> <p>2:00 <b>AR</b> Floral Butterfly Frames</p> <p>3:00 <b>AR</b> Monthly Auction</p>	<p>11</p> <p>10:00 <b>AR</b> Exercise</p> <p>10:30 <b>AR</b> Trivia Madness</p> <p>1:30 <b>MT</b> Movie- Brigadoon</p> <p>2:00 <b>AR</b> Painting with a Twist</p> <p>3:30 <b>AR</b> Bingo</p>
<p>12</p> <p>Mother's Day</p> <p>10:00 <b>AR</b> Exercise</p> <p>10:30 <b>AR</b> Bible Bingo</p> <p>11:00 <b>MT</b> Virtual Lakewood Church Services</p> <p>2:00 <b>AR</b> Horse Race</p> <p>3:00 <b>AR</b> Sundaes on Sunday</p> <p>3:30 <b>AR</b> Pokeno</p>	<p>13</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Floral Arrangement with Paula</p> <p>1:00 <b>AR</b> Dominoes</p> <p>2:30 <b>AR</b> Bingo</p> <p>3:00 Therapy Dog Visit/ Angus</p> <p>3:30 <b>AR</b> SkipBo with Dortha</p> <p>3:30 <b>AR</b> Snack and Chat</p>	<p>14</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Patriotic Wreaths</p> <p>1:30 <b>FL</b> Walk the Lap</p> <p>2:00 <b>AR</b> Bible Study with Leo</p> <p>3:30 <b>AR</b> Pokeno</p>	<p>15</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Family Feud</p> <p>1:00 <b>AR</b> Adult Coloring</p> <p>2:00 <b>AR</b> Wine Down <b>Wednesday</b></p> <p>3:30 <b>AR</b> Left Center Right</p> <p>3:30 <b>AR</b> SkipBo with Dortha</p> <p>5:30 <b>AR</b> Family Support Group With Brandon Weed</p>	<p>16</p> <p>Happy Birthday Teresa B.</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Scrabble</p> <p>1:30 <b>AR</b> Chef Chat</p> <p>2:30 <b>AR</b> Men's Group</p> <p>3:30 <b>AR</b> Bingo</p>	<p>17</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Deal or no Deal</p> <p>11:30 Trip to Buc-ee's ☺</p> <p>1:00 <b>AR</b> Chicken Foot</p> <p>2:00 <b>AR</b> Beer Tasting Social with Carlos</p> <p>3:30 <b>AR</b> Jewelry Making</p>	<p>18</p> <p>10:00 <b>AR</b> Exercise</p> <p>10:30 <b>AR</b> Cooking Demo</p> <p>1:30 <b>MT</b> Movie- Anchors Aweigh</p> <p>3:00 <b>FL</b> Walk the Lap</p> <p>3:30 <b>AR</b> Bingo</p>
<p>19</p> <p>10:00 <b>AR</b> Exercise</p> <p>10:30 <b>AR</b> Bible Bingo</p> <p>11:00 <b>MT</b> Virtual Lakewood Church Services</p> <p>2:00 <b>DR</b> Music of Harmony Kids Performance</p> <p>3:30 <b>AR</b> Pokeno</p>	<p>20</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Floral Arrangement with Robert</p> <p>1:00 <b>AR</b> Dominoes</p> <p>2:30 <b>AR</b> Bingo</p> <p>3:00 Therapy Dog Visit/ Angus</p> <p>3:30 <b>CY</b> Popsicle Social</p> <p>3:30 <b>AR</b> SkipBo with Dortha</p>	<p>21</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Paper Tulips</p> <p>1:30 <b>AR</b> Resident Town Hall</p> <p>2:30 <b>AR</b> Bible Study with Leo</p> <p>3:30 <b>AR</b> Pokeno</p>	<p>22</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>DR</b> Weight and Vitals Clinic with Blue Star Hospice</p> <p>1:00 <b>AR</b> Adult Coloring</p> <p>2:00 <b>AR</b> Wine Down <b>Wednesday</b></p> <p>3:30 <b>AR</b> Left Center Right</p> <p>3:30 <b>AR</b> SkipBo with Dortha</p>	<p>23</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Bingo</p> <p>1:00 <b>AR</b> Scrabble</p> <p>2:00 <b>AR</b> Trivia with Jane</p> <p>3:30 <b>AR</b> Root Beer Social</p>	<p>24</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Memorial Day Coaster Painting</p> <p>11:30 Lunch Bunch- Saltgrass ☺</p> <p>1:00 <b>AR</b> Chicken Foot</p> <p>2:00 <b>AR</b> DIY Jewelry Box</p> <p>3:30 <b>AR</b> Black Jack</p>	<p>25</p> <p>10:00 <b>AR</b> Exercise</p> <p>10:30 <b>AR</b> DIY Picture Frames</p> <p>1:30 <b>MT</b> Movie- Easter Parade</p> <p>3:00 <b>FL</b> Walk the Lap</p> <p>3:30 <b>AR</b> Bingo</p>
<p>26</p> <p>Happy Birthday Elena W.</p> <p>10:00 <b>AR</b> Exercise</p> <p>10:30 <b>AR</b> Bible Bingo</p> <p>11:00 <b>MT</b> Virtual Lakewood Church Services</p> <p>2:00 <b>AR</b> Horse Race</p> <p>3:00 <b>AR</b> Sundaes on Sunday</p> <p>3:30 <b>AR</b> Pokeno</p>	<p>27</p> <p>Memorial Day</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Floral Arrangement</p> <p>1:00 <b>AR</b> Dominoes</p> <p>2:00 <b>AR</b> Bingo</p> <p>3:00 <b>DR</b> Karaoke with Vern</p> <p>3:00 Therapy Dog Visit/ Angus</p>	<p>28</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Jeopardy</p> <p>1:30 <b>FL</b> Walk the Lap</p> <p>2:00 <b>AR</b> Happy Hour</p> <p>Wellness Talk with Madel</p> <p>3:30 <b>AR</b> Pokeno</p>	<p>29</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Chalk Pastel Art</p> <p>1:00 <b>AR</b> Adult Coloring</p> <p>2:00 <b>AR</b> Black Jack</p> <p>3:30 <b>CY</b> Bird Feeders</p> <p>3:30 <b>AR</b> SkipBo with Dortha</p>	<p>30</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Flower Wreaths</p> <p>1:00 <b>AR</b> Puzzles and Board Games</p> <p>2:00 <b>AR</b> Women's Social Group</p> <p>3:30 <b>AR</b> Bingo</p>	<p>31</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Deal or No Deal</p> <p>11:30 Lunch Bunch- Fat Boys Pizza ☺</p> <p>1:00 <b>AR</b> Chicken Foot</p> <p>2:00 <b>AR</b> May Birthday Celebration with Cornerstone Caregiving</p> <p>3:30 <b>AR</b> Black Jack</p>	<p>Cancellations as well as some changes are sometimes unavoidable. We appreciate your understanding and cooperation!</p>



Resident Easter Egg Hunt, The Reserve at Katy Style!  
Answer a Trivia question correctly, get yourself an Easter Egg!



Every month we have a "mystery trip" where our Executive Director Dede joins the residents for their lunch outing. This past month, Dede joined our residents in tasting some great Texas BBQ at Rudy's. We can't wait and see where she'll join us next time!



## Resident Birthdays

05/10	Anthony Riepma
05/16	Teresa Bilski
05/16	Delores Zamora
05/26	Elena Weibel

## Employee Spotlight



Jesse has been a Medication Aide for The Reserve at Katy for 14 years. He is the only son of 5 children. He has been married to his wife Chona for 23 years. In his spare time Jesse enjoys traveling, trying different restaurants, watching movies and going to the park. We appreciate you, Jesse, for your commitment, compassion and dedication to our residents and our community.