



# THE Reserve at Katy Lifestyle

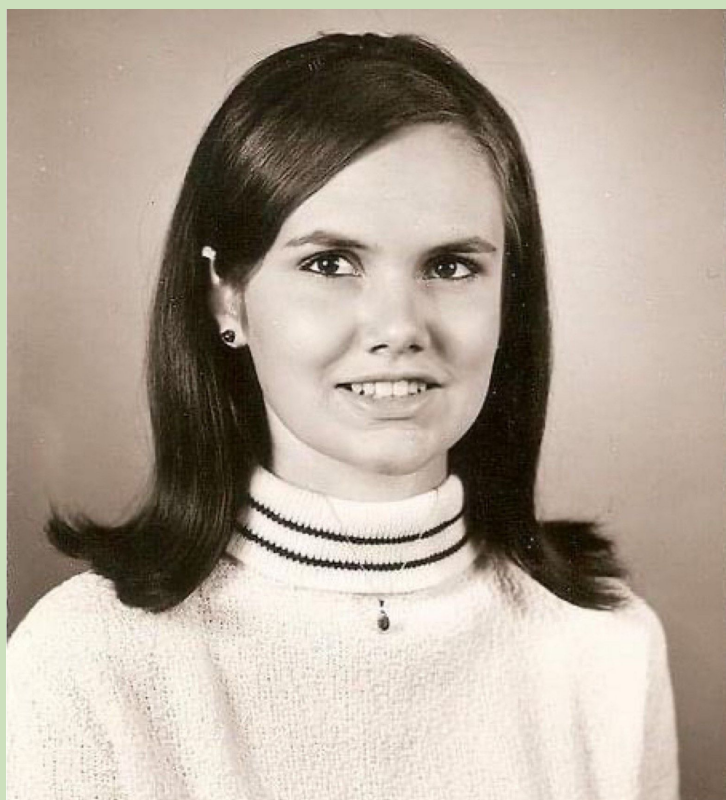


THE RESERVE  
AT KATY  
SENIOR LIVING AT EASE

Like Us!  

ASSISTED LIVING COMMUNITY  
21601 Provincial Blvd · Katy, TX 77450 · (281) 578-2222

## APRIL 2024



**Dale Bacon (Walters)** was born March 28, 1951 to Doyle and Margaret Bacon in Muskogee, Oklahoma. She has a sister named Gale who is seven years younger than her. Dale grew up 'an Okie from Muskogee', and took part in debate, participated in high school musicals, including their production of "OKLAHOMA!", and was even part of the dance / drill squad. She graduated from Muskogee High School in 1969 and moved to Stillwater, Oklahoma to attend Oklahoma State University to study psychology. She was in the sorority Delta at Oklahoma State, and met her future husband there as well. Dale married Byron Walters in 1972 in Stillwater, Oklahoma. Dale had two children (Lisa, born 1972 and Nick, born 1978, deceased 2019) and was predominately a stay at home mother focusing on her small children.

Dale resumed her college studies in the early 1980s at Tulsa Junior College, and later at Houston Community College. In 1984 Dale finished training to become a Registered Nurse. As a nurse Dale, worked in the Texas medical center for many years in ICU as well as Cardiac Recovery after people had extensive heart surgery. Always a night owl, Dale preferred the overnight shift and typically worked from 10 pm to 7 am, then would come home and sleep while Lisa and Nick were at school during the day. She eventually transitioned to a more traditional work schedule, working for several insurance companies as a Nurse Case Manager. Dale continued her studies throughout the years, ultimately adding Certified Case Manager as well as Legal Nurse Consultant to her RN credentials. As a Legal Nurse Consultant, Dale worked with employees injured on the job for Halliburton for 9 years, often traveling for extended periods. Dale ended her career working for HCA Hospital Systems in the Denials & Appeals department before retiring in 2021. Dale enjoys musicals and has seen Phantom of the Opera (her favorite) many times on stage among other shows. Dale has been to Europe (England & Germany) and hopes to travel more in the future. Dale can play the piano and sew, and has always been very artsy and creative. Over the years she has created paintings, Christmas decorations, pillows, dolls, jewelry, stamp art, and many other items all with her own hands. Dale also loves animals and currently has two cats who live with her at the Reserve. In addition to her remaining daughter Lisa, Dale has two granddaughters. Abigail, 16, is a junior attending private school in Sugarland. Madeline, age 20, is a sophomore attending Texas A&M studying Forensic Science.

**APRIL 2024**

**Springtime Adventures**

Spring is here, and we're excited! We have several outings planned, and we'd love to have you join us as we celebrate the season. Look for outings on the calendar, and remember to sign up in the activity room to reserve your spot on the bus.





**Plant Seeds of Kindness**

"We are on Earth to take care of life. We are on Earth to take care of each other." — Xiye Bastida

**Parkinson's Awareness**

A neurodegenerative disorder, Parkinson's disease affects 10 million people worldwide and about 1 million in the U.S. Every April, Parkinson's Disease Awareness Month offers opportunities to learn more about this condition and discover ways to provide support.

"Tomorrow morning, when the sun shines through your window, choose to make it a happy day."  
—Lynda Resnick

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> <b>Floral Arrangement With Roya</b></p> <p>1:30 <b>AR</b> Dominoes</p> <p>2:30 <b>AR</b> Bingo</p> <p>3:00 Therapy Dog Visit/ Angus</p> <p>3:30 <b>AR</b> SkipBo with Dortha</p> <p>3:30 <b>AR</b> Snack and Chat</p>	<p>2 <b>National Peanut Butter and Jelly Day</b></p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Activity Planning meeting</p> <p>1:30 <b>FL</b> Walk the Lap</p> <p>2:00 <b>AR</b> Bible Study with Leo</p> <p>3:30 <b>AR</b> Peanut Butter and Jelly Social</p>	<p>3</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Spring Wood Painting</p> <p>1:00 <b>AR</b> Adult Coloring</p> <p>2:00 <b>AR</b> <b>Wine Down Wednesday with Cornerstone Caregiving</b></p> <p>3:30 <b>AR</b> Left Center Right</p> <p>3:30 <b>AR</b> SkipBo with Dortha</p>	<p>4</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Dominoes</p> <p>1:00 One on One Visits</p> <p>2:00 <b>AR</b> Snack and Chat</p> <p>3:00 <b>AR</b> Board Games</p> <p>5:30 <b>DR</b> <b>Family Night hosted by Blue Star Hospice</b></p>	<p>5</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Deal or no Deal</p> <p>11:30 <b>Lunch Bunch- Rudy's Barbeque with Executive Director</b></p> <p>1:00 <b>AR</b> Puzzles and Board Games</p> <p>2:00 <b>AR</b> <b>Beer Tasting with Carlos</b></p> <p>3:30 <b>AR</b> Black Jack</p>	<p>6</p> <p>10:00 <b>AR</b> Morning Exercise</p> <p>10:30 <b>AR</b> National Parks</p> <p>1:30 <b>MT</b> <b>Movie- Oklahoma</b></p> <p>2:00 One on One Visits</p> <p>3:30 <b>AR</b> Bingo</p>
<p>7 <b>National Beer Day</b></p> <p>10:00 <b>AR</b> Morning Exercise</p> <p>10:30 <b>AR</b> <b>Sunday Worship with David Bradshaw</b></p> <p>2:00 <b>AR</b> Horse Race</p> <p>3:30 <b>AR</b> Pokeno</p>	<p>8</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> <b>Floral Arrangement with Nadia</b></p> <p>1:30 <b>AR</b> Dominoes</p> <p>2:30 <b>AR</b> Bingo</p> <p>3:00 Therapy Dog Visit/ Angus</p> <p>3:30 <b>AR</b> SkipBo with Dortha</p>	<p>9</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Painting with a Twist</p> <p>1:30 <b>FL</b> Walk the Lap</p> <p>2:00 <b>AR</b> Bible Study with Leo</p> <p>3:30 <b>AR</b> Pokeno</p>	<p>10</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Spring Suncatchers</p> <p>1:00 <b>AR</b> Adult Coloring</p> <p>2:00 <b>AR</b> <b>Wine Down Wednesday with Interim Healthcare</b></p> <p>3:30 <b>AR</b> SkipBo with Dortha</p> <p>3:30 <b>MT</b> Virtual Travel</p>	<p>11</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Bingo</p> <p>1:00 One on One Visits</p> <p>2:00 <b>AR</b> Scavenger Hunt</p> <p>3:30 <b>AR</b> <b>Monthly Auction</b></p>	<p>12</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Family Feud</p> <p>11:30 <b>Shopping Trip to Target</b></p> <p>1:00 <b>AR</b> Puzzles and Board Games</p> <p>2:00 <b>AR</b> <b>Senior Fitness Test with Madel</b></p> <p>3:30 <b>AR</b> Praise and Worship Sing Along</p>	<p>13</p> <p>10:00 <b>AR</b> Morning Exercise</p> <p>10:30 <b>AR</b> History of Titanic</p> <p>1:30 <b>MT</b> <b>Movie- Titanic</b></p> <p>2:00 One on One Visits</p> <p>3:00 <b>FL</b> Walk the Lap</p> <p>3:30 <b>AR</b> Bingo</p>
<p>14</p> <p>10:00 <b>AR</b> Morning Exercise</p> <p>10:30 <b>AR</b> Horse Race</p> <p>2:00 <b>AR</b> Puzzles and Board Games</p> <p>3:00 <b>AR</b> Sundaes on Sunday</p> <p>3:30 <b>AR</b> Pokeno</p>	<p>15</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> <b>Floral Arrangement with Robert</b></p> <p>1:30 <b>AR</b> Dominoes</p> <p>2:30 <b>AR</b> Bingo</p> <p>3:00 Therapy Dog Visit/ Angus</p> <p>3:30 <b>AR</b> SkipBo with Dortha</p> <p>3:30 <b>AR</b> Snack and Chat</p>	<p>16</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:00 <b>VFW Veterans Coffee Club</b></p> <p>10:30 <b>AR</b> Bible Bingo</p> <p>1:30 <b>AR</b> <b>Resident Town Hall</b></p> <p>1:30 <b>FL</b> Walk the Lap</p> <p>2:00 <b>AR</b> Bible Study with Leo</p> <p>3:30 <b>AR</b> Pokeno</p>	<p>17</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>DR</b> <b>Weight and Vitals Clinic with Blue Star Hospice</b></p> <p>1:00 <b>AR</b> Adult Coloring</p> <p>2:00 <b>AR</b> <b>Wine Down Wednesday with Trinity Hospice</b></p> <p>3:30 <b>AR</b> Rummikub</p> <p>3:30 <b>AR</b> SkipBo with Dortha</p>	<p>18</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Sing Along with Nadia</p> <p>1:00 One on One Visits</p> <p>2:00 <b>AR</b> Men's Group</p> <p>3:30 <b>AR</b> Bingo</p>	<p>19</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:00 <b>Trip to the Art Car Museum</b></p> <p>10:30 <b>AR</b> Dominoes</p> <p>1:00 <b>AR</b> Puzzles and Board Games</p> <p>2:00 <b>AR</b> Sip and Paint with Natiarys</p> <p>3:30 <b>AR</b> Jeopardy</p>	<p>20</p> <p>10:00 <b>AR</b> Morning Exercise</p> <p>10:30 <b>AR</b> Cooking Demo</p> <p>1:30 <b>MT</b> <b>Movie- Carousel</b></p> <p>2:00 One on One Visits</p> <p>3:00 <b>FL</b> Walk the Lap</p> <p>3:30 <b>AR</b> Bingo</p>
<p>21</p> <p>10:00 <b>AR</b> Morning Exercise</p> <p>10:30 <b>AR</b> <b>Sunday Worship with David Bradshaw</b></p> <p>2:00 <b>DR</b> <b>Music of Harmony Kids Performance</b></p> <p>3:30 <b>AR</b> Pokeno</p>	<p>22 <b>National Earth Day</b></p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> <b>Floral Arrangement with Vanessa</b></p> <p>1:30 <b>AR</b> Dominoes</p> <p>2:30 <b>AR</b> Bingo</p> <p>3:00 Therapy Dog Visit/ Angus</p> <p>3:30 <b>CY</b> Plant Potting</p> <p>3:30 <b>AR</b> SkipBo with Dortha</p>	<p>23 <b>National Picnic Day</b></p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Pokeno</p> <p>1:30 <b>FL</b> Walk the Lap</p> <p>2:00 <b>AR</b> <b>Happy Hour Wellness Talk with Select Therapy</b></p> <p>3:30 <b>CY</b> Picnic</p>	<p>24</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Deal or No Deal</p> <p>1:00 <b>AR</b> Adult Coloring</p> <p>2:00 <b>AR</b> <b>Trivia with Jane</b></p> <p>3:30 <b>AR</b> Left Center Right</p> <p>3:30 <b>AR</b> SkipBo with Dortha</p>	<p>25</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Spring Flower Paper Pots</p> <p>1:00 One on One Visits</p> <p>2:00 <b>AR</b> Women's Social Group</p> <p>3:30 <b>AR</b> Bingo</p>	<p>26 <b>National Pretzel Day</b></p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Black Jack</p> <p>11:30 <b>Lunch Bunch- BJ's Restaurant &amp; Brewhouse</b></p> <p>1:00 <b>AR</b> Puzzles and Board Games</p> <p>2:00 <b>AR</b> <b>April Birthday Celebration with Cornerstone Caregiving</b></p> <p>3:30 <b>AR</b> Trivia Madness</p>	<p>27</p> <p>9:30 <b>AR</b> <b>Second Baptist Volunteer Event</b></p> <p>1:30 <b>MT</b> <b>Movie- My Fair Lady</b></p> <p>2:00 One on One Visits</p> <p>3:00 <b>FL</b> Walk the Lap</p> <p>3:30 <b>AR</b> Bingo</p>
<p>28 <b>Happy Birthday Mary B.</b></p> <p>10:00 <b>AR</b> Morning Exercise</p> <p>10:30 <b>AR</b> Horse Race</p> <p>2:00 <b>AR</b> Puzzles and Board Games</p> <p>3:00 <b>AR</b> Sundaes on Sunday</p> <p>3:30 <b>AR</b> Pokeno</p>	<p>29</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> <b>Floral Arrangement with Elizabeth</b></p> <p>1:30 <b>AR</b> Dominoes</p> <p>2:30 <b>AR</b> Bingo</p> <p>3:00 Therapy Dog Visit/ Angus</p> <p>3:30 <b>AR</b> SkipBo with Dortha</p>	<p>30</p> <p>10:00 <b>AR</b> Exercise with Madel</p> <p>10:30 <b>AR</b> Bible Bingo</p> <p>1:30 <b>FL</b> Walk the Lap</p> <p>2:00 <b>AR</b> Bible Study with Leo</p> <p>3:30 <b>AR</b> Pokeno</p>				<p>Cancellations as well as some changes are sometimes unavoidable. We appreciate your understanding and cooperation!</p>





On this day we took advantage of the beautiful weather and went on a lunch outing to Gringos Mexican Kitchen. The food was absolutely delicious and the staff was friendly and accommodating. We can't wait to go back. Don't forget to sign up for our next outing!



Shamrockin' Our St. Patty's Day Look!



## Resident Birthdays

04/10 Mary Farrington  
04/28 Mary Best

## Employee Spotlight



Geebah has been part of our team for 4 years. He was born in Liberia, Africa. He has been married for 18 years to his wife, Rose. Together they have four children, three girls and one boy. Geebah is currently a Minister at the Gospel of Jesus Christ. In his spare time he enjoys traveling, visiting with friends, watching old movies and praying. Geebah is a reliable hard worker. His gentle spirit and willingness to help wherever he is needed make him an excellent team member.