





THE RESERVE
AT KATY
SENIOR LIVING AT EASE

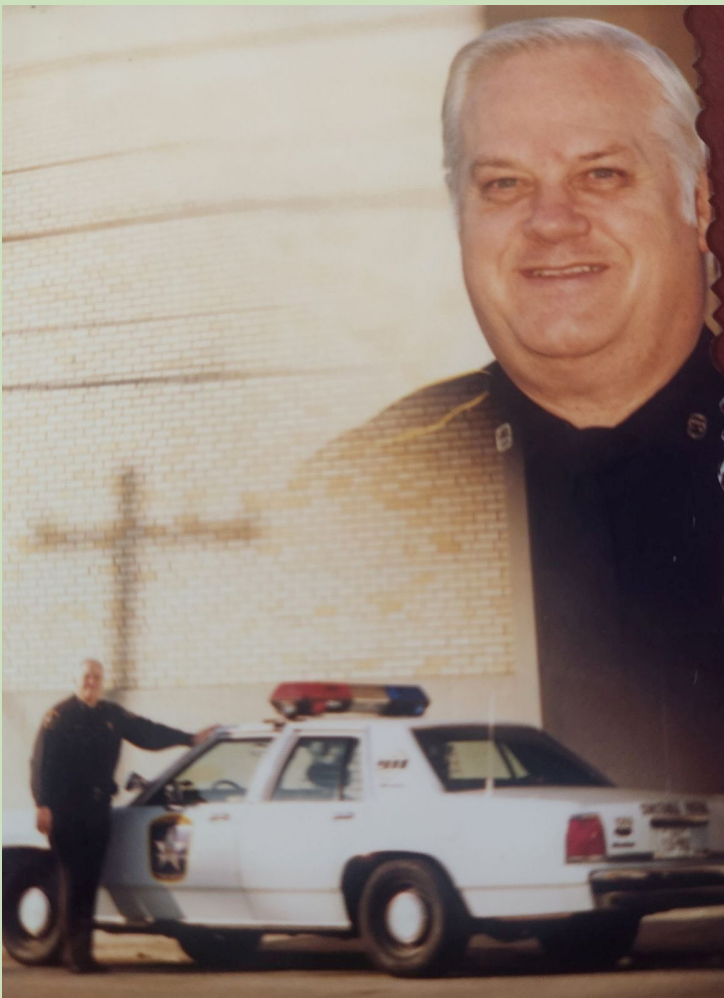
Like Us!  

THE Reserve at Katy Lifestyle

ASSISTED LIVING COMMUNITY
21601 Provincial Blvd · Katy, TX 77450 · (281) 578-2222

MARCH 2024

James Owens was born in Henderson, Texas in 1933. James married the love of his life, Peggy Falk, in 1959. Together they had a son, Michael, who later married Tracey and raised two children, Mathew and Haylee. James is now the proud great-grandfather to Meadow and Cassian. As a young man James had several jobs including truck driver, he worked for Niday Funeral Home, and finally settled as Deputy Constable for Pct. 2 and working his way up to Captain. He also worked various side jobs, one being security at the Houston Astrodome, where he got to meet several celebrities and ball players. James was an avid bowler. James and Peggy loved traveling and going to Opries across Texas. James enjoyed spending time at their lake house at Canyon Lake and traveling to nearby San Antonio to have dinner at the Barn Door. He has never been to Hawaii because in his words, "They haven't built a bridge there yet."



Meet The Reserve at Katy Family: Jim Owens



MARCH 2024

Time Change

Daylight saving time begins at 2 a.m. on the second Sunday in March. Be sure to "spring forward" the night before by setting your clocks an hour ahead.

Happy St. Patrick's Day!

May the luck of the Irish be with you on March 17 and all the days to come. Happy St. Patrick's Day to all our residents!

Baseball Begins

For baseball fans, the most important event of the year takes place this month: opening day! Come root for the home team at our opening day party, then make plans to join us the rest of the season as we watch MLB games together. Check the calendar for details!

Easter Joy

We want to wish all of our residents a happy Easter! We hope you and your loved ones have a joyous holiday.

"Life is a painting, and you are the artist. You have on your palette all the colors in the spectrum."
—Paul J. Meyer

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 3 10:00 AR Fitness Exercise 10:30 AR Bible Bingo 2:00 AR Horse Race 3:00 AR Sundaes on Sunday 3:30 AR Pokeno	 4 10:00 AR Fitness Exercise 10:30 AR Fresh Flower Arrangement 2:30 AR Bingo 3:30 AR SkipBo with Dortha	 5 10:00 AR Fitness Exercise 10:30 MC Craft- Rainbow Ornaments 1:00 One on One Visits 2:00 AR Bible Study with Leo 3:30 AR Pokeno	 6 10:00 AR Fitness Exercise 10:30 AR Deal or no Deal 2:00 DR Wine Down Wednesday with Community Partners 3:30 AR SkipBo with Dortha	<p>Cancellations as well as some changes are sometimes unavoidable. We appreciate your understanding and cooperation!</p> 7 Happy Birthday Robert Yi 10:00 AR Fitness Exercise 10:30 AR Black Jack 1:00 One on One Visits 2:00 AR Sip and Paint 3:30 AR Bingo	 8 10:00 AR Fitness Exercise 10:30 FL Women's Day Brunch 11:30 Shopping Trip to Walmart 🚗 2:30 AR Jeopardy 3:30 AR Monthly Auction	 9 10:00 AR Fitness Exercise 10:30 AR History Trivia 1:30 MT Movie- Mamma Mia 2:00 One on One Visits 3:30 AR Bingo
Daylight Saving Time Starts 10 10:00 AR Fitness Exercise 10:30 AR Sunday Worship with David Bradshaw 2:00 AR Bible Bingo 3:30 AR Pokeno	 11 10:00 AR Fitness Exercise 10:30 AR Fresh Flower Arrangement 2:00 AR St. Patty's Clay Pot Hats 3:30 AR Bingo	 12 10:00 AR Fitness Exercise 10:30 AR St. Patrick's Door Hanger Competition with Nadia 1:00 One on One Visits 2:00 AR Bible Study with Leo 3:30 AR Pokeno	 13 10:00 AR Fitness Exercise 10:30 AR Black Jack 2:00 DR Wine Down Wednesday with Community Partners 3:30 AR SkipBo with Dortha	 14 National Popcorn Lovers Day 10:00 AR Fitness Exercise 10:30 MC Craft- Leprechaun Hats 1:00 One on One Visits 2:00 AR St. Patty's Bracelets with Natiarys 3:00 AR Popcorn Social with Elizabeth 3:30 AR Bingo	 15 10:00 AR Fitness Exercise 10:00 Trip to Blue Bell Creamery 🚗 3:30 AR St. Patrick's Day Social with Nadia	 16 10:00 AR Fitness Exercise 10:30 AR Donuts and Coffee 1:30 MT Movie- South Pacific 2:00 One on One Visits 3:30 AR Bingo
St. Patrick's Day 17 10:00 AR Fitness Exercise 10:30 AR Bible Bingo 2:00 DR Music of Harmony Kids Performance 3:00 AR Sundaes on Sunday 3:30 AR Pokeno	 18 10:00 AR Fitness Exercise 10:30 AR Fresh Flower Arrangement 2:30 AR Bingo 3:30 AR SkipBo with Dortha	First Day of Spring 19 10:00 AR Fitness Exercise 10:30 AR Flower Pot Painting 1:00 One on One Visits 2:00 AR Bible Study with Leo 3:30 AR Pokeno	 20 10:00 AR Fitness Exercise 10:30 MC Craft- Sponge Painted Easter Bunny 2:00 DR Wine Down Wednesday with Community Partners 3:30 AR SkipBo with Dortha	 21 10:00 AR Fitness Exercise 10:30 AR Horse Race 1:00 One on One Visits 2:00 AR Trivia with Jane 3:30 AR Easter Bingo	 22 10:00 AR Fitness Exercise 10:45 DR Alexander Elementary Spring Concert 11:30 Lunch Bunch- Olive Garden 🚗 2:00 AR Ice Cream Sundae Bar with Keiland 3:30 AR Deal or no Deal	National Chip and Dip Day 23 10:00 AR Fitness Exercise 10:30 AR Bingo 1:30 MT Movie- Rocky 2:00 One on One Visits 3:30 AR Chip and Dip Social
 24 10:00 AR Fitness Exercise 10:30 AR Sunday Worship with David Bradshaw 2:00 AR Bible Bingo 3:00 AR Ice Cream Cone Social 3:30 AR Pokeno	 25 10:00 AR Fitness Exercise 10:30 AR Fresh Flower Arrangement 2:30 AR Bingo 3:30 AR Painting with a Twist- Easter Painting	 26 10:00 AR Fitness Exercise 10:30 MC Craft- Easter Wreaths 1:00 One on One Visits 2:00 AR Bible Study with Leo 3:30 AR Pokeno	 27 10:00 AR Fitness Exercise 10:30 AR Jeopardy 2:00 DR Wine Down Wednesday with Community Partners 3:30 AR SkipBo with Dortha	Happy Birthday Dale 28 10:00 AR Fitness Exercise 10:30 AR Bingo 11:00 DR Fielder Elementary Spring Concert 1:00 One on One Visits 3:00 AR Baseball: Opening Day Party	 29 10:00 AR Fitness Exercise 10:30 AR Easter Egg Painting 11:30 Lunch Bunch- New Orleans Kitchen 🚗 2:00 AR Deal or no Deal 3:30 AR Easter Social	 30 10:00 AR Fitness Exercise 1:30 MT Movie- Bye Bye Birdie 2:00 One on One Visits 3:00 AR Wine and Cheese Social 3:30 AR Bingo



Resident Birthdays

03/07 Robert Yi
03/14 Herman Harbuck
03/28 Dale Walters

Colorful Spring

In the Hindu religion, spring is welcomed with an unforgettable splash of color. Holi, the Festival of Colors, falls between late February and early March and is highlighted by large public celebrations, where people throw brightly colored powders and splash scented water on each other. The holiday honors both the arrival of spring and the story of Prahlada, a prince who was saved from a bonfire by the god Vishnu. The colors represent the flickering flames in the tale, as well as the warm, happy hues of springtime.

Alert for Allergy Weather

It's the season for allergies. Local weather forecasts often include pollen counts. But if you miss those numbers, you can still be prepared with a do-it-yourself weather check. Expect symptoms to flare up when it's windy, warm and dry. During rainy weather and breeze-free days, the pollen level will likely be lower.

