


# THE Reserve at Katy Lifestyle

THE RESERVE AT KATY  
SENIOR LIVING AT EASE

Like Us!  

ASSISTED LIVING COMMUNITY  
21601 Provincial Blvd · Katy, TX 77450 · (281) 578-2222

## FEBRUARY 2024

Mary Best was born and raised in the Main Line area, near Philadelphia, Pennsylvania. She attended West Chester State College (now West Chester University), where she earned her BS in Education, and became a teacher. She met her husband, Samuel, when they were neighbors living on the same street, after Sam had returned from serving in the U.S. Navy. They married in 1954, and started a family in West Chester, Pennsylvania. Mary gave birth to 8 children, and her family has since grown to include 12 grandchildren and 5 great-grandchildren. In 1977, Sam and Mary relocated the family to Marshall, Texas, where they were both active members of St. Joseph's Catholic Church. In 2016, they moved to Katy, Texas. Mary has been a voracious reader all her life, and still loves to read as much as she can. She especially enjoys mystery novels and books about history. Mary also loves to crochet. When Mary is not in her room reading or crocheting, she can be found down in the activity room participating in Bingo, Dominoes or Arts and Crafts.



Meet The Reserve at Katy Family: Mary Best



**FEBRUARY  
2024**

**Pizza's Special  
Day**

Celebrate the cheesy, saucy delight that is pizza on Feb. 9, National Pizza Day. In the U.S., 350 slices of pizza are consumed every second, and 93% of Americans order pizza at least once a month. Cheese or pepperoni are the most common pizza toppings, but some people choose to dress their pies with fruit, eggs, pickles or mac and cheese. Mix it up or stick to your usual this National Pizza Day!

**Super Bowl  
Party**

It's Super Bowl time! Which team are you rooting for? Or are you cheering for the commercials, or just looking for the chips and dip? Whatever draws you to the big game, join us for football, food and fun during our Super Bowl party!

**"Connecting our hearts  
through love yields a  
nectar so sweet we are  
forever full."**

**—Amy Leigh Mercree**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
4 10:00 <b>AR</b> Dominos Club 11:00 <b>AR</b> Virtual Lakewood Church Services 2:00 <b>AR</b> Word Search Challenge	5 10:30 <b>AR</b> Bingo with Jim 2:30 <b>AR</b> SkipBo with Dortha 3:00 Therapy Dog Visit/ Angus 3:30 <b>AR</b> Table Games	6 10:00 <b>AR</b> Fitness Exercise 10:30 <b>AR</b> Craft- Mardi Gras Bead Wreath 1:00 One on One Visits 2:00 <b>AR</b> Bible Study with Leo 3:30 <b>AR</b> Pokeno	7 10:00 <b>AR</b> Fitness Exercise 10:30 <b>AR</b> Scavenger Hunt 1:30 <b>MT</b> Movie- The Phantom of the Opera 2:00 <b>AR</b> Sip and Paint with Liz 3:30 <b>AR</b> SkipBo with Dortha	8 9:30 <b>AR</b> Fitness Exercise 10:00 <b>AR</b> Church Service with Derall Marshall 1:00 One-on-One Visits 2:00 <b>MC</b> Craft- Jester Hats 3:30 <b>AR</b> Mardi Gras Party	9 National Pizza Day 10:00 <b>AR</b> Fitness Exercise 10:30 <b>AR</b> Horse Race 1:30 <b>FL</b> Walk the Lap 2:30 <b>AR</b> Pizza Party 3:30 <b>AR</b> Valentine's Bingo	10 Chinese New Year 10:00 <b>AR</b> Fitness Exercise 10:30 <b>AR</b> Bingo 1:30 <b>MT</b> Movie- Patton 2:00 One-on-One Visits 3:00 <b>AR</b> Chinese New Year Social
11 Super Bowl Sunday 10:00 <b>AR</b> Color Mania 11:00 <b>AR</b> Virtual Lakewood Church Services 3:00 <b>AR</b> Super Bowl Party	12 10:30 <b>AR</b> Bingo with Dortha 2:00 <b>AR</b> Valentine's Day Cards 3:00 Therapy Dog Visit/ Angus 3:30 <b>AR</b> Table Games	13 10:00 <b>AR</b> Fitness Exercise 10:30 <b>AR</b> Craft- Tissue Paper Canvas Art 1:00 One on One Visits 2:00 <b>AR</b> Bible Study with Leo 3:30 <b>AR</b> Pokeno	14 Happy Birthday Elena S. 10:00 <b>AR</b> Fitness Exercise 10:30 <b>AR</b> The M&M Game 1:30 <b>FL</b> Walk the Lap 2:00 <b>AR</b> Valentine's Day Party 3:30 <b>AR</b> SkipBo with Dortha	15 10:00 <b>AR</b> Fitness Exercise 10:30 <b>MC</b> Craft- Canvas Art 1:00 One-on-One Visits 2:00 <b>AR</b> Trivia with Jane 3:30 <b>AR</b> Bingo	16 Happy Birthday Dortha 10:00 <b>AR</b> Fitness Exercise 10:30 <b>AR</b> Giant Matching Game 1:30 <b>FL</b> Walk the Lap 2:00 <b>AR</b> Jeopardy 3:30 <b>AR</b> Pokeno	17 10:00 <b>AR</b> Fitness Exercise 10:30 <b>AR</b> Bingo 1:30 <b>MT</b> Movie- Grease 2:00 One-on-One Visits 3:00 <b>AR</b> World News 3:30 <b>AR</b> Wine and Cheese Social
18 10:00 <b>AR</b> Dominos Club 11:00 <b>AR</b> Virtual Lakewood Church Services 2:00 <b>DN</b> Music of Harmony 3:00 <b>AR</b> Word Search Challenge	19 Happy Birthday Roy 10:30 <b>AR</b> Bingo with Jim 2:00 <b>AR</b> Dominos Club 2:30 <b>AR</b> SkipBo with Dortha 3:00 Therapy Dog Visit/ Angus	20 10:00 <b>AR</b> Fitness Exercise 10:30 <b>AR</b> Bible Bingo 1:00 One on One Visits 2:00 <b>AR</b> Bible Study with Leo 3:30 <b>AR</b> Pokeno	21 10:00 <b>AR</b> Fitness Exercise 10:30 <b>MC</b> Craft- Q-Tip Flowers 1:30 <b>FL</b> Walk the Lap 2:00 <b>AR</b> Can you name that Price? 3:30 <b>AR</b> SkipBo with Dortha	22 National Margarita Day 9:30 <b>AR</b> Exercise 10:00 <b>AR</b> Church Service with Derall Marshall 1:00 One-on-One Visits 2:00 <b>AR</b> Margaritas with Carlos 3:30 <b>AR</b> Bingo	23 10:00 <b>AR</b> Fitness Exercise 10:30 <b>AR</b> History Trivia 11:30 Lunch Bunch- Atami 2:00 <b>AR</b> Pokeno 3:30 <b>AR</b> Blackjack	24 Happy Birthday Mary J. 10:00 <b>AR</b> Fitness Exercise 10:30 <b>AR</b> Bingo 1:30 <b>MT</b> Movie- The King and I 2:00 One-on-One Visits 3:00 <b>AR</b> Year of Invention 3:30 <b>AR</b> Chips and Dip Social
25 10:00 <b>AR</b> Table Games 11:00 <b>AR</b> Virtual Lakewood Church Services 2:00 <b>AR</b> Table Games 3:00 <b>AR</b> Color Mania	26 10:30 <b>AR</b> Bingo with Dortha 2:00 <b>AR</b> Color Mania 3:00 Therapy Dog Visit/ Angus 3:30 <b>AR</b> Jeopardy with Elena	27 10:00 <b>AR</b> Fitness Exercise 10:30 <b>MC</b> Craft- Birdhouses 1:00 One on One Visits 2:00 <b>AR</b> Bible Study with Leo 3:30 <b>AR</b> Pokeno	28 10:00 <b>AR</b> Fitness Exercise 10:30 <b>AR</b> Bean Bag Toss 1:30 <b>FL</b> Walk the Lap 2:30 <b>AR</b> Horse Race 3:30 <b>AR</b> SkipBo with Dortha	29 Happy Birthday Louis P. 10:00 <b>AR</b> Fitness Exercise 10:30 <b>AR</b> Bingo 1:00 One-on-One Visits 3:30 <b>AR</b> February Birthdays Celebration	AR- Activity Room MC- Memory Care FL- Front Lobby MT- Movie Theater DN- Dining Room	



## Resident Birthdays

- 02/14 Elena Skinner-Klee
- 02/16 Dortha Porter
- 02/19 Roy Fairrington
- 02/24 Mary Johnston
- 02/29 Louis Primm

## Employee Birthdays

- 02/04 Colleen Jasal
- 02/19 Rebecca Akinyemi
- 02/22 Angela Padilla

## Take a Leap

2024 is a leap year, when February has an extra day. Take inspiration from Leap Day on Feb. 29 to “take a leap” and try something new in your life, such as joining a club or taking a class.

## A Groundhog's Nap

Before he emerges from his burrow to predict the arrival of spring, America's most famous groundhog, Punxsutawney Phil, spends the winter in a deep snooze. During the mammal's annual hibernation, its body temperature drops from 99 to 37 degrees, and its heart rate slows from 80 to about five beats per minute.